

For Office Use Only

DATE REVIEWED \_\_\_\_\_ MEDICAL PROVIDER \_\_\_\_\_

EAGLE FAMILY MEDICINE AT OAK RIDGE  
HEALTH HISTORY DATA BASE

*This visit is intended as a Wellness visit, to focus on Health Maintenance issues rather than medical problems. Please indicate here if there is anything else, you need this visit:*  
Refills \_\_\_\_\_ Forms \_\_\_\_\_

**Current Medical History**

NAME \_\_\_\_\_ AGE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
MARITAL STATUS \_\_\_\_\_ RACE \_\_\_\_\_

Are you taking any medicine at present time? YES \_\_\_\_\_ NO \_\_\_\_\_  
If YES, list below. Include over the counter medicine, as well as herbs.

<u>NAME OF MEDICATION</u>	<u>WHEN BEGUN</u>	<u>DOSE</u>

Are you allergic to any medication? YES \_\_\_\_\_ NO \_\_\_\_\_  
If YES, list below.

<u>NAME OF MEDICATION</u>	<u>TYPE OF REACTION</u>

Circle if you are allergic to any of the following: bee stings, pollen, molds, grass, foods, do not know.

**PAST MEDICAL HISTORY:**

Please list any hospitalizations for any medical or surgical problems, including childbirth.

<u>DATE</u>	<u>NAME/ADDRESS OF HOSPITAL</u>	<u>DR'S NAME</u>	<u>REASON</u>

List any serious medical or surgical problems for which you were not hospitalized.

<u>DATE</u>	<u>PROBLEM</u>

**PAST MEDICAL HISTORY**

Have you ever had a blood transfusion? YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever had a chest x-ray? YES \_\_\_\_\_ NO \_\_\_\_\_ Where? \_\_\_\_\_

Have you had any other x-rays recently? YES \_\_\_\_\_ NO \_\_\_\_\_

When did you have your last tetanus booster? DATE: \_\_\_\_\_ NO \_\_\_\_\_

Have you ever had a pneumonia vaccine? YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever had any other immunizations recently? YES \_\_\_\_\_ NO \_\_\_\_\_

What were they? \_\_\_\_\_

When was your last dental appt? \_\_\_\_\_ Last eye exam? \_\_\_\_\_

When was your last EKG? \_\_\_\_\_ Sigmoidoscopy/Colonoscopy? \_\_\_\_\_

Women: Last Pap Smear \_\_\_\_\_ Last Mammogram \_\_\_\_\_

Men: Last Prostate Exam \_\_\_\_\_ PSA Test \_\_\_\_\_

**FAMILY HISTORY**

DOB      MEDICAL PROBLEMS      If deceased AGE AT DEATH      CAUSE OF DEATH

MOTHER \_\_\_\_\_

FATHER \_\_\_\_\_

BROTHERS \_\_\_\_\_

\_\_\_\_\_

SISTERS \_\_\_\_\_

\_\_\_\_\_

SPOUSE \_\_\_\_\_

CHILDREN \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Check any of the following medical problems that may run in your family. Indicate who, using the following codes: (M-mother, F-father, S-sister, B-brother, MGM-mother's mother, MGF-mother's father, PGM-father's mother, PGF-father's father, C-child, Pt-yourself).

Diabetes \_\_\_\_\_ High Blood Pressure \_\_\_\_\_ High Cholesterol \_\_\_\_\_  
Glaucoma \_\_\_\_\_ Heart Disease \_\_\_\_\_ Stroke \_\_\_\_\_  
Depression \_\_\_\_\_ Alcohol/Substance Abuse \_\_\_\_\_  
Asthma \_\_\_\_\_ Allergies \_\_\_\_\_ Hay Fever \_\_\_\_\_  
Arthritis \_\_\_\_\_ Osteoporosis \_\_\_\_\_ Alzheimers \_\_\_\_\_  
Cancer \_\_\_\_\_ Thyroid \_\_\_\_\_

### SOCIAL HISTORY

Do you use tobacco products? YES \_\_\_ NO \_\_\_ If YES, what? \_\_\_\_\_  
How much \_\_\_\_\_ How many years? \_\_\_\_\_  
Do you consume alcoholic beverages (wine, beer, whiskey)? YES \_\_\_ NO \_\_\_  
If YES, how much? \_\_\_\_\_; how many years? \_\_\_\_\_  
Do you use recreational drugs? YES \_\_\_ NO \_\_\_  
Do you exercise? YES \_\_\_ NO \_\_\_  
Do you own any firearms? YES \_\_\_ NO \_\_\_  
Do you wear seat belts? YES \_\_\_ NO \_\_\_  
Do you have smoke detectors in your home? YES \_\_\_ NO \_\_\_  
Occupation: \_\_\_\_\_  
Education: HS grad \_\_\_ Trade School \_\_\_ College \_\_\_  
Have you ever been in the military service? YES \_\_\_ NO \_\_\_

### NUTRITION

Please write down what you ate yesterday.

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

# OF GLASSES OF WATER \_\_\_\_\_

# OF GLASSES OF CAFFEINE DRINKS, i.e. coffee, tea, soda \_\_\_\_\_

DO YOU EAT AT LEAST 5 SERVINGS OF FRUIT/VEGETABLES A DAY? \_\_\_\_\_

**REVIEW OF SYSTEMS**

Are you currently bothered by:

*Do not write here*

Frequent or severe headache	YES _____	NO _____	_____
Visual problems	YES _____	NO _____	_____
Hearing problems	YES _____	NO _____	_____
Dizziness	YES _____	NO _____	_____
Nosebleeds	YES _____	NO _____	_____
Hay fever	YES _____	NO _____	_____
Mouth sores	YES _____	NO _____	_____
Bleeding gums	YES _____	NO _____	_____
Painful teeth	YES _____	NO _____	_____
Hoarseness	YES _____	NO _____	_____
Difficulty/pain swallowing	YES _____	NO _____	_____
Lumps in neck	YES _____	NO _____	_____
Sore tongue	YES _____	NO _____	_____
Chest pain or tightness	YES _____	NO _____	_____
Ankle swelling	YES _____	NO _____	_____
Shortness of breath	YES _____	NO _____	_____
Nausea and/or vomiting	YES _____	NO _____	_____
Constipation	YES _____	NO _____	_____
Diarrhea	YES _____	NO _____	_____
Abdominal pain	YES _____	NO _____	_____
Heartburn	YES _____	NO _____	_____
Blood in stools	YES _____	NO _____	_____
Pain with urination	YES _____	NO _____	_____
Frequent urination	YES _____	NO _____	_____
Joint pain/stiffness	YES _____	NO _____	_____
Leg cramps at night	YES _____	NO _____	_____
Easy bruising/bleeding	YES _____	NO _____	_____
Numbness/Tingling anywhere	YES _____	NO _____	_____
Trouble sleeping	YES _____	NO _____	_____
Change in appetite	YES _____	NO _____	_____
Cry easily	YES _____	NO _____	_____
Contemplate suicide	YES _____	NO _____	_____
Anxiety	YES _____	NO _____	_____
Breast lumps	YES _____	NO _____	_____
Skin problems	YES _____	NO _____	_____
Sexual problems	YES _____	NO _____	_____
Temperature intolerance	YES _____	NO _____	_____
Night sweats	YES _____	NO _____	_____
Has your weight varied by more than 10 lbs. for the last 6 months?	YES _____	NO _____	_____
Trouble with alcohol or drugs	YES _____	NO _____	_____

**Have you ever had or been told you had:**

Glaucoma	YES _____	NO _____	_____
Pneumonia	YES _____	NO _____	_____
Tuberculosis	YES _____	NO _____	_____
Irregular heartbeat	YES _____	NO _____	_____
Heart murmurs	YES _____	NO _____	_____
High blood pressure	YES _____	NO _____	_____
Pericarditis	YES _____	NO _____	_____
Ulcers	YES _____	NO _____	_____
Diverticulitis	YES _____	NO _____	_____
Liver disease	YES _____	NO _____	_____
Hepatitis	YES _____	NO _____	_____
Gall bladder disease	YES _____	NO _____	_____
Hiatal hernia	YES _____	NO _____	_____
Kidney or bladder stones	YES _____	NO _____	_____
Arthritis	YES _____	NO _____	_____
Gout	YES _____	NO _____	_____
Infected joints	YES _____	NO _____	_____
Blood clot in legs	YES _____	NO _____	_____
Cancer anywhere	YES _____	NO _____	_____
Anemia	YES _____	NO _____	_____
Problem with blood clotting	YES _____	NO _____	_____
Thyroid disease	YES _____	NO _____	_____
Diabetes	YES _____	NO _____	_____
Stroke	YES _____	NO _____	_____
Meningitis	YES _____	NO _____	_____
Fibromyalgia	YES _____	NO _____	_____
Interstitial cystitis	YES _____	NO _____	_____
Asthma	YES _____	NO _____	_____
Chronic fatigue syndrome	YES _____	NO _____	_____
Guille Barre	YES _____	NO _____	_____
Any sexually transmitted disease	YES _____	NO _____	_____

**FOR WOMEN ONLY**

Abnormal PAP test	YES _____	NO _____	_____
Miscarriage	YES _____	NO _____	_____
Pregnancy in tubes	YES _____	NO _____	_____
Bleeding between periods	YES _____	NO _____	_____
Pain/Bleeding after intercourse	YES _____	NO _____	_____
Pain with periods	YES _____	NO _____	_____
Do you douche	YES _____	NO _____	_____
How often are your periods?	Every _____	days	_____
When was your last period?	_____		_____

**FOR MEN ONLY**

Prostate infection	YES _____	NO _____	_____
Infection of testicles	YES _____	NO _____	_____